

# Protective function of sclerosing cholangitis on IBD

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# **ABSTRACT**

Original research

**Objective** There is a strong clinical association between IBD and primary sclerosing cholangitis (PSC), a chronic disease of the liver characterised by biliary inflammation that leads to strictures and fibrosis. Approximately 60%–80% of people with PSC will also develop IBD (PSC-IBD). One hypothesis explaining this association would be that PSC drives IBD. Therefore, our aim was to test this hypothesis and to decipher the underlying mechanism.

**Design** Colitis severity was analysed in experimental mouse models of colitis and sclerosing cholangitis, and people with IBD and PSC-IBD. Foxp3<sup>+</sup> Treg-cell infiltration was assessed by qPCR and flow cytometry. Microbiota profiling was carried out from faecal samples of people with IBD, PSC-IBD and mouse models recapitulating these diseases. Faecal microbiota samples collected from people with IBD and PSC-IBD were transplanted into germ-free mice followed by colitis induction.

**Results** We show that sclerosing cholangitis attenuated IBD in mouse models. Mechanistically, sclerosing cholangitis causes an altered intestinal microbiota composition, which promotes Foxp3<sup>+</sup> Treg-cell expansion, and thereby protects against IBD. Accordingly, sclerosing cholangitis promotes IBD in the absence of  $F\alpha p3^+$ Treg cells. Furthermore, people with PSC-IBD have an increased Foxp3<sup>+</sup> expression in the colon and an overall milder IBD severity. Finally, by transplanting faecal microbiota into gnotobiotic mice, we showed that the intestinal microbiota of people with PSC protects against colitis.

**Conclusion** This study shows that PSC attenuates IBD and provides a comprehensive insight into the mechanisms involved in this effect.

#### **INTRODUCTION**

IBD is characterised by chronic relapsing intestinal inflammation. The exact aetiology of IBD is not completely understood, but it is known that IBD is characterised by chronic inflammation, intestinal dysbiosis and mucosal barrier defects. Thus, one hypothesis is that IBD is a result of an aberrant immune response against intestinal bacteria in genetically susceptible individuals. $1-3$  There is a strong clinical association between IBD and primary sclerosing cholangitis (PSC), a chronic, cholestatic liver disease characterised by inflammation and fibrosis of the bile ducts inside and outside the liver.

#### **WHAT IS ALREADY KNOWN ON THIS TOPIC**

 $\Rightarrow$  There is a strong clinical association between IBD and primary sclerosing cholangitis (PSC). However, currently it is unknown, if this association is due to common genetic polymorphisms or if PSC may drive IBD.

#### **WHAT THIS STUDY ADDS**

⇒ Unexpectedly, we found that PSC attenuates IBD. Mechanistically, PSC causes an altered intestinal microbiota composition, which promotes Foxp3<sup>+</sup> Treg-cell expansion, and thereby protects against IBD.

#### **HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY**

 $\Rightarrow$  We believe that our data build a basis for the development of new therapeutical strategies targeting the microbiota-Foxp3+ Treg-cell axis in IBD.

Approximately 60%–80% of people with PSC have concomitant IBD (from here on referred to as PSC-IBD).[1 4](#page-8-0) Conversely, only about 5% of people with IBD will develop PSC during their disease course.<sup>[2](#page-8-1)</sup> Notably, people suffering from PSC-IBD have a phenotype distinct from Crohn's disease (CD) and Ulcerative colitis (UC), characterised by an overall milder IBD severity, a higher prevalence of rightsided predominant pancolitis, rectal sparing, backwash ileitis and an increased risk of developing colorectal neoplasia. $3<sup>5</sup>$  Even for people with PSC without clinically manifested IBD, we have previously shown that a high proportion exhibits molecular signs of intestinal inflammation, characterised by immune cell infiltration and expression of proinflammatory cytokines in intestinal biopsies.<sup>6</sup>

The factors that contribute to the development of PSC-IBD are not yet understood. Previous studies suggest a critical role of CD4<sup>+</sup> Foxp3<sup>+</sup> regulatory T cells (Foxp3<sup>+</sup> Treg) in IBD, as well as PSC.<sup>7-9</sup> In line with these data, reduced  $F\text{exp3}^+$  Treg-cell numbers and function were associated with single nucleotide polymorphisms in the *IL2RA* gene present in people with IBD and PSC.<sup>10–12</sup> Interestingly, the microbiota plays a key role in the emergence of  $F\alpha p3^+$  Treg cells: microbiota-derived short-chain fatty acids (SCFAs) can facilitate the induction of  $F\alpha p3^+$  Treg

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#### **Intestinal inflammation**

cells both in *in vitro* and in animal models.[13 14](#page-8-6) Accordingly, aside from genetic predispositions in genes regulating Foxp3<sup>+</sup> Tregcell function, the intestinal microbiota has been suggested to be one of the contributing factors for the close association of IBD and PSC.<sup>15</sup> Indeed, both IBD and PSC are characterised by intestinal dysbiosis. Moreover, direct comparisons revealed distinct microbiota compositions between these diseases.<sup>16–22</sup> Thus, among others, the phylae *Veillonella* and *Escherichia* have been reported to be enriched in people with PSC-IBD compared with IBD alone, that are proposed to promote immune cell migration to the gut. In addition, bacteria of the *Lachnospiraceae* family which produce anti-inflammatory SCFAs were reported to be increased in people with PSC.<sup>[23](#page-8-9)</sup> However, it remains unclear, whether changes in the microbial composition caused by PSC lead to an altered Foxp3+ Treg-cell expansion and function that contributes to the phenotype of IBD in people with PSC.

Taken together, there is a clear connection between IBD and PSC. However, whether PSC increases the risk for IBD but attenuates its phenotype remains to be elucidated. In this study we combined cellular and microbial analyses from experimental mouse models of colitis and sclerosing cholangitis, biopsies and stool samples of people with PSC-IBD and IBD, and then performed human faecal microbiota transplantation (FMT) into gnotobiotic mice to decipher the impact of PSC on IBD.

#### **RESULTS**

#### **Experimental sclerosing cholangitis attenuates colitis severity and increases Foxp3<sup>+</sup> Treg-cell frequency in mice**

First, we aimed to test the connection between IBD and sclerosing cholangitis in experimental mouse models. To this end, *Il10<sup>-/−</sup>* mice, which develop spontaneous colitis<sup>24</sup> were crossed to *Mdr2−/−* mice, a mouse model for experimental sclerosing cholangitis[25](#page-8-11) [\(figure](#page-2-0) 1A). As expected, *Il10−/−Mdr2−/−* mice, but not *Il10−/−* mice, developed sclerosing cholangitis based on increased transaminase AST and ALT levels, and fibrosis score ([online supplemental figure S1A,B](https://dx.doi.org/10.1136/gutjnl-2023-330856)). Next, we assessed IBD severity. We found that *Il10−/−* and *Il10−/−Mdr2−/−* mice developed an overall mild colitis ([figure](#page-2-0) 1B,C). Interestingly, *Il10−/−Mdr2−/−* mice with a concomitant experimental sclerosing cholangitis developed significantly reduced colitis compared with *Il10−/−* mice ([figure](#page-2-0) 1C). However, there was little impact on weight, despite the differences observed in colitis severity using endoscopy. Of note, we aimed to induce a mild to moderate colitis severity in our experiments in order to limit the suffering of the animals. Thus, all mice showed a relatively mild weight loss, and we therefore may have not observed a difference. Moreover, while colonic CD4<sup>+</sup> T-cell infiltration was comparable between the groups ([figure](#page-2-0) 1D), the proportion of Foxp3<sup>+</sup> Treg cells within the CD4<sup>+</sup> T-cell population was significantly increased in the inflamed colon of *Il10−/−Mdr2−/−* compared with *Il10−/−* mice ([figure](#page-2-0) 1D,E).

The intestinal microbiota composition is known to impact colitis-susceptibility<sup>[26](#page-8-12)</sup>. Therefore the colitis development we observed in *Il10−/−* mice under specific pathogen-free (SPF) conditions of the local mouse facility (referred to as MB1) was generally mild. To this end, we next aimed to determine spontaneous colitis development in *Il10−/−* mice bred in the presence of a colitogenic SPF microbiota, that showed a distinct beta diversity compared with MB1, including an enrichment of *Helicobacter* on genus level (referred to as MB2) ([online supplemental](https://dx.doi.org/10.1136/gutjnl-2023-330856)  [figure S2A,B;](https://dx.doi.org/10.1136/gutjnl-2023-330856) [figure](#page-2-0) 1F). As expected, the mice bred under MB2 conditions showed an overall increased susceptibility to developing colitis compared with mice with MB1 microbiota

([figure](#page-2-0) 1C,H). Comparisons between *Il10−/−* and *Il10−/−Mdr2−/−* mice bred under MB2 conditions revealed no differences in body weight between the groups [\(figure](#page-2-0) 1G). However, colitis severity in *Il10−/−Mdr2−/−* mice with concomitant sclerosing cholangitis [\(online supplemental figure S1C,D\)](https://dx.doi.org/10.1136/gutjnl-2023-330856) was significantly reduced compared with *Il10−/−* mice [\(figure](#page-2-0) 1H). Moreover, *Il10−/−Mdr2−/−* mice bred under MB2 condition showed reduced colonic CD4<sup>+</sup> T-cell infiltration and increased Foxp3<sup>+</sup> Treg-cell accumulation compared with *Il10−/−* mice ([figure](#page-2-0) 1I,J).

Next, we aimed to validate our observation in *Il10−/−Mdr2−/−* mice using a second model of experimental sclerosing cholangitis. To this end, we fed *Il10−/−* mice a 3,5-diethoxycarbonyl-1 ,4-dihydrocollidine (DDC) diet.[27](#page-8-13) We used mice with the more colitogenic MB2 microbiota ([figure](#page-3-0) 2A). DDC diet-induced sclerosing cholangitis in *Il10−/−* mice as determined by blood transaminase levels and fibrosis development ([online supplemental](https://dx.doi.org/10.1136/gutjnl-2023-330856) [figure S3A,B](https://dx.doi.org/10.1136/gutjnl-2023-330856)). In line with our results in *Il10−/−Mdr2−/−* mice, colitis severity and CD4+ T-cell infiltration in the inflamed colon of *Il10−/−* mice was attenuated under the DDC diet [\(figure](#page-3-0) 2B), and frequencies of colonic  $F\exp 3^+$  Treg cells were increased compared with the regular chow diet [\(figure](#page-3-0) 2C,D).

Thus, sclerosing cholangitis attenuates colitis severity in mouse models and is associated with an increased colonic Foxp3<sup>+</sup> Tregcell frequency.

#### **Attenuated colitis severity in mice with sclerosing cholangitis is dependent on Foxp3+ Treg cells**

Since the reduced colitis severity was associated with a shift of CD4+ T-cell infiltration towards Foxp3+ Treg cells, we hypothesised that Foxp3<sup>+</sup> Treg cells contribute to the limitation of colonic inflammation. Foxp3<sup>+</sup> Treg cells are well known for their capacity to limit intestinal inflammation and restore immune homeostasis. $28$  Thus, to define the contribution of Foxp $3^+$  Treg cells to the PSC-mediated attenuation of colitis, we used the T-cell transfer colitis model, in which Foxp3<sup>+</sup> Treg cells are largely absent.<sup>29</sup> To that end, we induced colitis in lymphopenic *Rag1−/−* and *Rag1−/−Mdr2−/−* mice, by transfer of naïve CD4<sup>+</sup>Foxp3<sup>−</sup>CD45RB<sup>high</sup> cells ([figure](#page-4-0) 3A). As expected, *Rag1−/−Mdr2−/−* mice, but not *Rag1−/−* mice developed concomitant sclerosing cholangitis [\(online supplemental figure S4,B\)](https://dx.doi.org/10.1136/gutjnl-2023-330856). Next, we assessed colitis severity and found it not to be attenuated in *Rag1−/−Mdr2−/−* mice, but in fact to be significantly increased compared with *Rag1−/−* based on weight loss and endoscopic score ([figure](#page-4-0) 3B,C). As expected, no considerable Foxp3+ Treg-cell levels were detectable among CD4+ T-cell infiltrating cells ([figure](#page-4-0) 3D,E).

Taken together, the protective effect of sclerosing cholangitis on colitis appears to be dependent on the presence of  $F\alpha p3^+$ Treg cells.

#### **FMT from Mdr2−/− mice into germ-free wild-type mice attenuates colitis severity**

Alterations in the intestinal microbiota are a hallmark of IBD.<sup>[30](#page-8-16)</sup> Moreover, the intestinal microbiota is known to impact  $F\exp 3^+$ Treg-cell differentiation and expansion.<sup>[31](#page-8-17)</sup> We therefore hypothesised that sclerosing cholangitis may alter the intestinal microbiota, and thus, reduce colitis severity. In order to test this hypothesis, we profiled the microbiota of stool samples collected from mice suffering from colitis alone (eg, *Il10−/−* mice and *Rag1−/−* mice on colitis induction via transfer of CD45Rbhigh cells) and with concomitant sclerosing cholangitis (eg, *Il10−/−Mdr2−/−* mice and *Rag1−/−Mdr2−/−* mice on colitis induction via transfer of CD45Rb<sup>high</sup> cells) ([online supplemental figure S5](https://dx.doi.org/10.1136/gutjnl-2023-330856)). Comparison



<span id="page-2-0"></span>**Figure 1** Spontaneous colitis is reduced in mice with concomitant experimental primary sclerosing cholangitis in *Il10−/−Mdr2−/−* mice. (A) Graphical breeding scheme for generation of *Il10−/−* and *Il10−/−Mdr2−/−* littermates. Mice were bred under specific pathogen-free (SPF) conditions in the local mouse facility (MB1). After weening, litters were separated with respect to their genotype. At an age of 12weeks, (B) body weight (n=22 *Il10−/−*, n=16 *Il10−/−Mdr2−/−*) and (C) colon inflammation was assessed by mouse colonoscopy (n=25 *Il10−/−*, n=13 *Il10−/−Mdr2−/−*), as described in material and methods. (D, E) Flow cytometry analysis of colon infiltrating CD4<sup>+</sup> T-cell (n=17 *II10<sup>-/</sup>-*, n=13 *II10<sup>-/-</sup>Mdr2<sup>-/-</sup>*) and Foxp3<sup>+</sup> Treg-cell frequencies of 12weeks old mice (n=12 *Il10−/−*, n=10 *Il10−/−Mdr2−/−*). (F) Graphical breeding scheme for generation of *Il10−/−* and *Il10−/−Mdr2−/−* littermates bred in the presence of a colitogenic SPF microbiome (MB2) containing *Helicobacter hepaticus*, that was transferred to the founding animals. After weening, litters were separated with respect to their genotype. At the age of 12weeks (G) body weight (n=8 *Il10−/−*, n=13 *Il10−/−Mdr2−/−*), (H) colonoscopy (n=8 *Il10<sup>-/−</sup>, n*=12 *Il10<sup>-/−</sup>Mdr2<sup>-/−</sup>)* and (I, J) frequencies of colon infiltrating CD4<sup>+</sup> T cells and Foxp3<sup>+</sup> Treg cells (n=6 *Il10<sup>-/−</sup>, n=*11 *Il10<sup>-/−</sup>Mdr2<sup>-/−</sup>)* were analysed. For statistical analysis, Mann-Whitney U test was performed.

of beta diversities revealed clustering with some overlap of both experimental groups [\(online supplemental figure S5A,C](https://dx.doi.org/10.1136/gutjnl-2023-330856)), although a spread of samples between the groups was detected in both models. Of note, on the genus level, we found several taxa that significantly differed in abundance between the groups in the transfer colitis model ([online supplemental figure S5D\)](https://dx.doi.org/10.1136/gutjnl-2023-330856), but only one taxon in the *Il10−/−* model ([online supplemental figure](https://dx.doi.org/10.1136/gutjnl-2023-330856)  [S5B](https://dx.doi.org/10.1136/gutjnl-2023-330856)). Most notably, an enrichment of genera of the *Lachnospiraceae* family was found in stool samples of mice suffering from colitis with concomitant liver inflammation in transfer colitis [\(online supplemental figure S5D\)](https://dx.doi.org/10.1136/gutjnl-2023-330856).

To decipher the functional relevance of the observed PSCinduced microbiota alterations on colitis severity, we next reconstituted germ-free wild-type mice with stool derived from mice with sclerosing cholangitis (*Mdr2−/−* mice) or without sclerosing cholangitis (wild-type mice), respectively, and induced colitis in these mice using a blocking anti-IL10R $\alpha$  mAb<sup>32</sup> ([figure](#page-5-0) 4A). In accordance with our above-mentioned results [\(figure](#page-2-0) 1B,G), a mild weight loss was observed on colitis induction, that did not differ between the groups ([figure](#page-5-0) 4B). However, endoscopic colitis severity was reduced in germ-free mice reconstituted with



**Figure 2** Spontaneous colitis is reduced in *Il10−/−* mice with concomitant 3,5-diethoxycarbonyl-1,4-dihydrocollidine (DDC)-mediated liver cholestasis. (A) Graphical scheme of the experimental setup. At an age of 6–8weeks *Il10−/−* mice were gavaged with MB2. Fourweeks after reconstitution, liver cholestasis was induced by 0.1% DDC feeding supplemented into the normal chow diet. After 8 days, (B) colonic inflammation was analysed by mouse colonoscopy (n=22 mice per group). (C, D) On day 9, mice were sacrificed and frequencies of colon infiltrating CD4<sup>+</sup> T cells and Foxp3<sup>+</sup> Treg cells were analysed using flow cytometry (8=mice per group). For statistical analysis Mann-Whitney U test was performed.

microbiota derived from *Mdr2−/−* mice compared with wild-type mice ([figure](#page-5-0) 4C).

Taken together, these results indicate that sclerosing cholangitis leads to alterations in the intestinal microbiota, in particular to an enrichment in genera of the *Lachnospiraceae* family. Furthermore, this altered intestinal microbiota of *Mdr2−/−* mice suffering from sclerosing cholangitis is protective against colitis, when compared with wild-type mice.

#### **Colitis severity in germ-free mice is attenuated after FMT from people with PSC-IBD compared with IBD**

Based on the data obtained in the murine system, we next characterised *FOXP3* mRNA expression levels in intestinal biopsies taken from a cohort of people with CD (n=29), UC (n=22) and PSC-IBD (n=41). We observed increased *FOXP3* mRNA expression in the intestinal tissue of people with PSC-IBD compared with both, individuals with CD and UC [\(figure](#page-5-1) 5A). Within the cohort, we found milder IBD severity in people with concomitant PSC compared with people with CD and to a lesser extent to people with UC, as described previously ([figure](#page-5-1)  $5B$ ).<sup>5</sup> To account for this bias in disease severity, we next compared only those individuals with a clinically active disease as assessed by their physician. We again found an increased *FOXP3* mRNA expression in the intestinal tissue of people with PSC-IBD compared with both individuals with CD and UC ([figure](#page-5-1) 5C). Of note, the mean IBD score in all three groups was low and comparable (mean IBD-score for PSC-IBD: 0.48, CD: 0.52, UC: 0.78). To further test, if this decrease is biased by biopsies from a certain location, we plotted all biopsies from the same location for all patients. We found the same trend in all locations analysed: individuals with PSC-IBD having a higher *FOXP3* mRNA expression compared with people with IBD without PSC ([online supplemental figure S6A](https://dx.doi.org/10.1136/gutjnl-2023-330856), [online supplemental table S2](https://dx.doi.org/10.1136/gutjnl-2023-330856)).

<span id="page-3-0"></span>Next, we measured FOXP3 protein levels in tissue sections using immunohistochemistry. To this end we focused on biopsies from the terminal ileum and sigma/rectum. In line with the mRNA expression, we found an increased number of  $FOXP3<sup>+</sup>$  cells in people with PSC-IBD compared with IBD without PSC [\(online](https://dx.doi.org/10.1136/gutjnl-2023-330856) [supplemental figure S6B,C](https://dx.doi.org/10.1136/gutjnl-2023-330856)).

Next, we aimed to test whether the microbiota from people with PSC would protect against the development of concomitant IBD. Thus, we first performed microbiota profiling of mucosa-adherent bacteria isolated from intestinal biopsies derived from our IBD and PSC-IBD cohort, that has been partially published in Wittek et al, 2023. Sequencing of faecal microbiota revealed a large overlap, but also some differences in the microbiota composition of people with IBD and those with PSC-associated IBD. However, it is important to note that our study was not powered to decipher detailed microbiota differences between PSC-IBD and IBD as this point has been addressed by previous larger studies.[23 33](#page-8-9) Beta diversity comparison revealed a large overlap between people with IBD and PSC-IBD ([figure](#page-6-0) 6A). In fact, on the genus level only a few taxa differed in abundance between both groups ([figure](#page-6-0) 6B). Interestingly, genera of the *Lachnospiraceae* family were enriched in intestinal biopsies from people with PSC-IBD compared with IBD. To test the functional relevancy of this finding, we reconstituted germ-free wild-type mice with faecal microbiota samples derived from people with IBD or PSC-IBD and induced DSS colitis on reconstitution ([figure](#page-6-0) 6C). Weight loss was comparable in both groups ([figure](#page-6-0) 6D). However, the colitis severity as assessed by endoscopy was significantly reduced in mice reconstituted with faecal microbiota from people with PSC-IBD compared with IBD alone ([figure](#page-6-0) 6E,F). To address whether ursodeoxycholic acid (UDCA) treatment



<span id="page-4-0"></span>**Figure 3** Increased colitis manifestation in *Rag1−/−Mdr2−/−* mice after Foxp3− CD45RBhigh T-cell transfer. (A) Graphical scheme of the experimental setup. (B) At an age of 8–10 weeks *Rag1−/−* and *Rag1−/−Mdr2−/−* mice were gavaged with MB2. After 4weeks of reconstitution, colitis was induced on transfer of flow cytometry sorted Foxp3<sup>-</sup>CD45RB<sup>high</sup> CD4<sup>+</sup> T cells, isolated from *Foxp3-RFP* reporter mice. After 13 days of T-cell reconstitution, (B) weight loss and (C) colonic inflammation by colonoscopy were analysed (n=13 *Rag1−/−*, n=12 *Rag1−/−Mdr2−/−*). (D, E) At day 14, mice were sacrificed and frequencies of colon infiltrating CD4<sup>+</sup> T cells and Foxp3<sup>+</sup> Treg cells were analysed by flow cytometry in one of three experiments (n=4 *Rag1<sup>-/−</sup>* n=4 *Rag1<sup>-/−</sup>Mdr2<sup>-/−</sup>*). For statistical analysis Mann-Whitney U test was performed.

mediates the observed effect, we performed a gnotobiotic mouse experiment. Specifically, a faecal microbiota transfer from healthy control (HC), without UDCA treatment, and primary biliary cholangitis (PBC) patients, with UDCA treatment, into germ-free mice was performed. People with PBC with mild cholestasis comparable to that of people with PSC-IBD were selected as cholestatic controls ([online](https://dx.doi.org/10.1136/gutjnl-2023-330856) [supplemental figure S7A,B](https://dx.doi.org/10.1136/gutjnl-2023-330856)). On engraftment, DSS-colitis was induced. A comparable colitis severity was observed between these groups, indicating that UDCA does not *per se* influence the colitis activity ([online supplemental figure](https://dx.doi.org/10.1136/gutjnl-2023-330856)  [S7C,D\)](https://dx.doi.org/10.1136/gutjnl-2023-330856). Next, we analysed whether the observed protection of these PSC-IBD-specific gnotobiotic mice is associated with an enrichment of genera of the *Lachnospiraceae* family on FMT. Microbiota profiling of donors (see [online](https://dx.doi.org/10.1136/gutjnl-2023-330856)  [supplemental table S1](https://dx.doi.org/10.1136/gutjnl-2023-330856) for the clinical information) and recipient mice was performed and can be found in [online](https://dx.doi.org/10.1136/gutjnl-2023-330856)  [supplemental figure S8A.](https://dx.doi.org/10.1136/gutjnl-2023-330856) A Permanova analysis showed a significant contribution of disease, group (donor vs recipient) and donor on the variation observed in the data ([online](https://dx.doi.org/10.1136/gutjnl-2023-330856)  [supplemental figure S8B\)](https://dx.doi.org/10.1136/gutjnl-2023-330856). The abundance of bacteria in the

different donors is comparable to a cross-sectional cohort ([online supplemental figure S8C\)](https://dx.doi.org/10.1136/gutjnl-2023-330856). When looking at the 10 highest abundant families, we observed that these were in most cases distributed similarly between recipients of the same donor, although at different proportions compared with the donor ([online supplemental figure S8D\)](https://dx.doi.org/10.1136/gutjnl-2023-330856). Beta diversities showed some overlapping of clusters representing each of the groups ([figure](#page-6-0) 6G). Indeed, a strong enrichment of genera of the *Lachnospiraceae* family was detectable in faecal samples of mice that had been reconstituted with PSC-IBD stool compared with IBD stool ([figure](#page-6-0) 6H).

In conclusion, these data indicate that PSC induces alterations of the intestinal microbiota, in particular an enrichment of genera of the *Lachnospiraceae* family, which in turn attenuate colitis susceptibility.

#### **DISCUSSION**

In line with previous reports, $3<sup>3</sup>$  we found that people with PSC-IBD present with milder colitis severity compared with people with IBD without PSC in our cohort. Likewise, we found a lower



**Figure 4** Reduced colitis severity in germ-free wild-type mice after transfer of *Mdr2−/−* microbiota. (A) Graphical scheme of the experimental procedure. In brief, faecal microbiota obtained from wild-type and *Mdr2−/−* mice, harbouring MB2 microbiome, was gavaged into germ-free wild-type mice. One day later, colitis was induced in these mice by intraperitoneal injection of 0.25mg anti-IL10Rα antibody per mouse two times a week. After 13 days of colitis induction, (B) weight loss was determined and (C) colonic inflammation was analysed by colonoscopy (n=9 WT-FMT, n=10 *Mdr2−/−*- FMT). FMT, faecal microbiota transplantation; WT, wild-type.

IBD susceptibility in a genetic (*Mdr2−/−*) and an induced (DDCdiet) mouse model of sclerosing cholangitis.

Alterations in the intestinal microbiota of people with PSC-IBD and IBD without PSC have been documented in various studies. These studies have yielded somewhat divergent findings,<sup>19 33</sup> possibly due to variations in participant selection criteria, sampling locations and sample processing.

<span id="page-5-0"></span>Our study, along with several others, consistently identified an elevation in *Lachnospiraceae* among people with PSC-IBD compared with those with IBD without PSC.<sup>[17 23](#page-8-21)</sup> It could be possible that cholestasis, which is observed in people with PSC mediates the observed effects on the intestinal microbiota. In this case a similar effect should be observed in people and mouse models with cholestasis even



<span id="page-5-1"></span>**Figure 5** *FOXP3* mRNA expression and endoscopic IBD scoring reveal reduced clinical manifestation of IBD in people with primary sclerosing cholangitis (PSC-IBD). Description of a cohort including 29 people with Crohn's disease (CD), 22 with Ulcerative colitis (UC) and 41 with PSC-IBD. (A) *FOXP3* mRNA expression levels were analysed from intestinal biopsies taken from the terminal ileum, ascending and descending colon and sigma/ rectum from every person. (B) IBD severity was determined based on CDAI (persons with CD) and Mayo score (all other persons). Both scores were merged into a unified IBD score (healthy/remission: 0, mild: 1, moderate: 2, severe: 3 points). (C) *FOXP3* mRNA expression levels were analysed from intestinal biopsies taken from the terminal ileum, ascending and descending colon and sigma/rectum from every person with clinically active disease. To test for significance MLEM, post hoc Dunnett test was used for (A and C). Fisher's exact test was used for (B).



**Figure 6** Colitis severity in germ-free mice is attenuated after FMT from people with primary sclerosing cholangitis and colitis (PSC-IBD), enriched for genera of the *Lachnospiraceae* family. Microbiota profiling was performed on mucosal tissue samples of our IBD and PSC-IBD cohort, as described in the material and methods. (A) PCoA of Bray-Curtis dissimilarities shows beta diversity across people with IBD and PSC-IBD. (B) Genera with significantly different abundance between people with IBD and PSC-IBD. (C) Graphical scheme of the protocol for faecal microbiota transplantation of stool derived from IBD or PSC-IBD patients into germ-free wild-type mice, and subsequent DSS colitis induction. After 9 days of colitis induction, (D) weight loss was determined and (E and F) colonic inflammation was analysed by colonoscopy (each dot represents one mouse). IBD activity of the donor is shown as: remission (black), mild (green), moderate (blue) and severe (red). (G and H) Microbiota profiling from stool samples collected from mice after reconstitution with stool samples from our IBD and PSC-IBD cohort. (D-H) n=21 mice transplanted with IBD stool; n=21 mice transplanted with PSC-IBD stool were used in four independent experiments.

in the absence of PSC. Further studies will be critical to address this point.

We observed that the protective effect of sclerosing cholangitis on colitis susceptibility was transferable on faecal microbiota transfer from *Mdr2−/−* mice and people with PSC-IBD into germ-free mice. Overall, we found genera of the *Lachnospiraceae* family to be abundant in the faecal samples of people with PSC used for the faecal microbiota transfer experiment. This finding is in line with a previous study by our group.<sup>[6](#page-8-3)</sup> Importantly, genera of the *Lachnospiraceae* family were over-presented in faecal samples after engraftment of the germ-free mice, supporting the notion that these could be involved in the protective effect. However, there is still the limitation that the number of donors may not fully capture the range of microbiota variability in people with PSC. In line with this finding, a previous publication has reported that *Mdr2−/−* mice treated with vancomycin, which reduced *Lachnospiraceae* and *Clostridiaceae*, had an increased liver pathology. Supplementation of these mice after antibiotic treatment with a 23 strain *Lachnospiraceae* consortium reduced

<span id="page-6-0"></span>histological liver inflammation and fibrosis.<sup>22</sup> Conversely, in people with PSC, the *Lachnospiraceae Blautia* (genus), *Lachnospiraceae bacterium 1\_4\_56FAA* was negatively correlated with the Mayo risk score.<sup>22</sup>

Another important observation of this study is the association between increased  $F\alpha p3$ <sup>+</sup> Treg-cell accumulation in the colon and over-representation of *Lachnospiraceae* in faecal samples. This has been observed in our mouse models of experimental sclerosing cholangitis with concomitant colitis, and in people with PSC-IBD compared with people suffering from IBD without PSC. *Lachnospiraceae* have indeed been associated with the production of SCFAs,  $3435$  which in turn have been linked to the induction of  $F\alpha p3^+$  Treg cells.<sup>35-38</sup> Therefore, further assessment of SCFAs from faecal samples of our IBD and PSC-IBD cohort and mouse models of sclerosing cholangitis is required to test whether the enrichment in *Lachnospiraceae* is indeed associated with increased SCFA levels and subsequently increased Foxp3+ Treg-cell numbers.

One limitation of this study is that the role of *Lachnospiraceae* remains controversial. While some taxa produce butyrate, which can strengthen the intestinal barrier, others produce propionate, which can drive mucin degradation.<sup>34</sup> More in-depth analysis of this family of bacteria in people with PSC-IBD, for example, through metagenomics, could help to identify which taxa are involved and how their metabolites could influence IBD development. Similarly, another publication<sup>39</sup> showed an increase of *Lachnospiraceae* in faecal samples of *Mdr2−/−* mice. Transfer of the dysbiotic *Mdr2−/−* microbiota into healthy wildtype mice induced NLRP3 activation in the gut and the liver, which sustained liver injury and promoted disease progression. It would be important to further investigate the role of different taxa of *Lachnospiraceae* in the relationship of PSC and IBD.

Interestingly, a recent study identified *Klebsiella pneumoniae* in mesenteric lymph nodes of people with PSC, and also in faecal samples.[40](#page-9-1) Subsequent studies revealed that *K. pneumoniae* causes disruption in the epithelial barrier, resulting in the translocation of bacteria and subsequent inflammation in the liver. These discoveries emphasise how pathobionts contribute to dysfunction in the intestinal barrier and inflammation in the liver.<sup>40</sup> Given the crucial role of the microbiome, it would be of interest to study whether the PSC microbiota can also modify complications of IBD in PSC, such as cancer risk.

The observation that people with PSC-IBD have a lower IBD activity on average, compared with people with IBD, $6$  is also reflected in our selected donors for the faecal microbiota experiments [\(online supplemental table S1\)](https://dx.doi.org/10.1136/gutjnl-2023-330856). However, it appears that the observed protective effect was not linked to this difference. Of note, neither *Mdr2*-deficient mice nor control mice, which were used as donors for the FMT experiment, developed spontaneous colitis. This strengthens the observation that the IBD activity of the microbiota donor on the IBD susceptibility of the recipient does not play a key role for the observed protective effect.

Another interesting question that arose during this study is whether the protective effect observed is related to the UDCA treatment that people with PSC commonly receive. Thus, we compared colitis susceptibility of germ-free wild-type mice on transfer of faecal microbiota from PBC patients, who also commonly receive UDCA, to faecal microbiota from HCs. We could not find a difference between these two groups. In addition, we transferred faecal microbiota from *Mdr2*-deficient mice, which had not received UDCA, into germ-free mice. In this set of experiments, we also observed a protective effect of the microbiota from *Mdr2*-deficient mice compared with control mice on colitis susceptibility. Therefore, our data argue against a beneficial effect of the UDCA treatment on the IBD susceptibility after FMT of PSC-IBD microbiota. However, we were not able to compare cholestatic cohorts with or without UDCA treatment and therefore, we cannot exclude an additional effect of UDCA on colitis severity mediated by the microbiota composition as it has been shown recently by He *et al*. [41](#page-9-2)

Interestingly, we found an increased *FOXP3* mRNA and protein expression in the colon of people with active PSC-IBD, compared with active IBD without PSC. In addition, we identified an increased infiltration of  $F\alpha p3$ <sup>+</sup> Treg cells in the inflamed colon of mice with concomitant sclerosing cholangitis in our mouse models. Interestingly, patients with genetic mutations<sup>42</sup> in the *FOXP3* gene, that have no or non-functional Treg cells, develop severe intestinal inflammation. Furthermore, adoptive transfer of autologous OVA-specific or polyclonal Treg cells has been shown to reduce CD and PSC-associated UC.<sup>[43](#page-9-4)</sup> Therefore, our data argue for the involvement of  $F\alpha p3^+$  Treg

cells in the protective effect of PSC on IBD in humans and mice. This hypothesis is supported by our finding that the protective effect of liver cholestasis on colitis severity was not detectable in the CD4<sup>+</sup>CD45RB<sup>high</sup> T-cell transfer colitis model,<sup>44 45</sup> in which Foxp3+ Treg cells are largely absent. One limitation of this experiment is that, although Foxp3<sup>+</sup> Treg cells were depleted before the transfer into the recipient mice, there is the possibility of inducing peripheral Foxp3<sup>+</sup> iTreg cells. However, colon infiltrating  $F\alpha p3$ <sup>+</sup> Treg cells were hardly detectable in our study. Furthermore, the factors that control colonic Treg-cell accumulation during sclerosing cholangitis with concomitant colitis revealed that sclerosing cholangitis per se did not promote Tregcell infiltration in the absence of intestinal inflammation. In fact, an increase in colonic Treg-cell accumulation was only observed in a colitogenic environment during sclerosing cholangitis. This finding is in line with a recent study by Shaw *et al* which showed that FOXP3+ Treg-cell frequencies gradually increase with colitis severity in intestinal biopsies of people with PSC-IBD.<sup>[46](#page-9-6)</sup> Nevertheless, potential differences in the suppressive capabilities of colonic FOXP3+ Treg cells from people with IBD and PSC-IBD have not been assessed in this study and by Shaw *et al*. [46](#page-9-6) Thus further studies will be essential to decipher the mechanism how PSC influences Foxp3<sup>+</sup> Treg-cell expression and function in the setting of intestinal inflammation.

Overall, it remains to be elucidated what mechanism drives the increased accumulation of colonic  $F\alpha p3^+$  Treg cells during PSC-associated IBD. Beyond a participation of  $SCFAs$  in  $Foxp3$ <sup>+</sup> Treg-cell differentiation in the colon, it is also tempting to speculate that the differentiation and expansion of  $F\alpha$  $p3$ <sup>+</sup> Treg cells already occurs in the cholestatic liver, and that consequently increased numbers of  $F\alpha$  $F\beta$ <sup>+</sup> Treg cells traffic from the liver to the colon. Indeed, increased Foxp3+ Treg-cell frequencies have been found in livers with different diseases like chronic viral hepatitis and hepatocellular carcinoma compared with healthy livers.<sup>[47](#page-9-7)</sup> Further studies will be essential to test these hypotheses.

Interestingly, it is well known that there are shared genetic risk loci between PSC and IBD, however it is also well established that the co-occurrence is far too extensive to be explained by genetics alone.<sup>[48](#page-9-8)</sup> Overall, our study provides novel insights into the relationship between PSC and IBD. We found that despite the common co-occurrence of both diseases, PSC can actually modify the severity of IBD to a better outcome. This effect is mediated by changes in the microbiota, which promotes the expansion of the  $F\exp 3^+$ Treg-cell pool. A recently published report showed that IBD also ameliorates PSC.<sup>49</sup> Therefore, our data suggest that disease in one organ, for example, the liver, may modify the disease in the other, for example, the intestine, in this case limiting the disease severity in both organs. Thus, we believe that our study might serve as a basis for further investigations on the molecular mechanisms underlying these processes, and could therefore lead to the discovery of novel therapeutic targets for PSC and IBD.

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## **Extended methods**

## **Mice**

4 Rag1<sup>-/-</sup> mice, Foxp3<sup>RFP</sup>Ifng<sup>Katushka</sup>II17a<sup>GFP</sup> reporter mice, Il10<sup>-/-</sup>mice, Mdr2<sup>-/-</sup>mice, Il10<sup>-/-</sup> 5  $Mdr^2/mice$ , and  $Rag1/Mdr^2/mice$  were bred and housed under specific pathogen-free conditions (SPF) at the animal facility of the University Hospital Hamburg-Eppendorf. II10<sup>-/-</sup>Mdr2<sup>-/+</sup> were crossed with each other in order to obtain  $II10<sup>-/-</sup>$  and II10<sup>-</sup> 8  $\land$  Mdr2 $\land$  littermates. These mice were then separated with respect to their genotype after weaning. This way the mice could develop a specific microbiota dependent on 10 the genotype.  $III0^{-/}$ Mdr $2^{-/+}$  mice were bred with two different microbiomes, one that does not induce spontaneous colitis (MB1) and a colitogenic microbiome (MB2), 12 containing Helicobacter hepaticus(24). Littermates were separated with respect to their genotype. C57BL/6 wild-type mice were bred and housed under germ-free conditions at the UKE, Hamburg. All animals were housed under a 12h dark/light cycle with an 15 ambient temperature of 22°C  $\pm$  1°C and 50%  $\pm$  5% relative humidity. Food and water 16 were provided ad libitum. Male and female 13  $\pm$ 1 week old littermates were used for all experiments. Animal experiments were approved by the local ethics committee (N17/2012, N39/2021, N54/2022, N95/2023).

#### **Human studies**

Intestinal biopsies were taken from people undergoing colonoscopy at University Hospital Hamburg-Eppendorf. We collected 2 paired biopsies at 4 sampling sites in the colon and terminal ileum. One was used for RNA extraction while the other was used 24 for microbiota profiling. The biopsies were snap-frozen in liquid nitrogen directly after colonoscopy and stored at −80°C until processing. For detailed patient information (age, BMI, years of diagnosis, smoking, gender, IBD activity and medication) see Wittek et al, 2023. Patients were included, if older than 18 years and without antibiotics treatment for 6 months prior to endoscopy. Patients with infectious colitis, celiac disease, or confirmed pregnancy were excluded. Disease severity was based on Mayo score for UC (remission: 0-2, mild: 3-5, moderate: 6-10, severe 11-12 points) and Harvey-Bradshaw index for CD (remission: 0-4, mild: 5-7, moderate: 8-16, severe >16 points). For comparison of IBD patients we assigned scores for disease severity (remission: 0, mild: 1, moderate: 2, severe 3 points)(25). Human studies were approved by the local ethical committee (Ethik Kommission der Ärztekammer Hamburg

PV4444, PV7106). Patients or the public were not involved in the design, or conduct, 36 or reporting, or dissemination plans of our research.

## **DDC-induced sclerosing cholangitis**

The chemically-induced model for experimental sclerosing cholangitis, 3,5- diethoxycarbonyl-1,4-dihydrocollidine (DDC; Merk, Germany) was used, by adding 0.1 41 % DDC w/w to the diet.  $III0<sup>-/-</sup>$  mice at 10–14-weeks old were fed for 8 days ad libitum with a DDC diet. At day 8, mouse development of intestinal inflammation was assessed by endoscopy. One day later, mice were sacrificed and organs were processed as indicated.

## **Transfer colitis**

Lymphocytes were isolated from the spleen and lymph nodes of 48 Foxp3RFPII17aKatushkaII10GFP reporter mice, and CD4+ T cells were pre-enriched using MACS according to the manufacturer's instructions (Miltenyi Biotech, Bergisch-50 Gladbach, Germany). Naïve CD4<sup>+</sup> CD45RB<sup>high</sup> Foxp3<sup>RFP-</sup> T cells were fluorescence activated cell sorted after incubation with anti-mouse CD4-PacBlue and CD45RB-AF647 fluorochrome-labeled antibodies (both Biolegend, London, England) using theAria III device (BD Biosciences, Heidelberg, Germany). To induce colitis,  $2 \times 10^4$ 54 Naïve CD4+ CD45RBhigh Foxp3<sup>RFP</sup> T cells were injected intraperitoneally into Rag1<sup>-/-</sup> 55 and  $Raq1/\sqrt{M}$  $\alpha$ <sup>1</sup> mice. Mice were monitored for development of intestinal inflammation by weight loss and endoscopy.

#### **Anti-IL-10 receptor antibody-induced colitis**

Mice were each injected with 250 µg of anti-IL10 receptor-alpha (anti-IL10Ra; clone: 1B1, source: HHMI, R.A. Flavell) twice a week intraperitoneally. Colitis development was monitored by weight loss and endoscopy. Thirteen days after the first injection, mice were sacrificed and analyzed for pathological conditions of the intestine.

#### **DSS colitis**

Mice received drinking water supplemented with 2% DSS for 7 days, followed by 2 days of pure drinking water in the absence of DSS, to induce acute DSS colitis (DSS m.w.: 36.000–50.000; MP Biomedicals, Illkirch, France). Colitis development was

conditions of the intestine.

## **Endoscopy**

Colonoscopy was performed at the indicated time points to monitor the severity of 73 intestinal inflammation as described before (Becker et al., 2006) using the Coloview System (Karl Storz, Germany). In brief, anesthetized mice were endoscopically scored concerning 5 parameters: thickening of the colon, changes in vascular pattern, granularity of the mucosal surface, stool consistency, and visible fibrin, each graded 1 to 3, resulting in an overall score between 0 (healthy) and 15 (severe colitis).

## **Fecal microbiota transplantation**

For murine fecal transplantation, donor mice with a colitogenic microbiome (MB2) were 81 sacrificed and stool was collected from the colon, including the caecum, directly into thioglycolate medium (Merck, Darmstadt, Germany). Pooled samples from a minimum 83 of 5 mice were smashed through a 70 µm cell strainer, frozen, and stored at -80°C. Upon use, stool samples were thawed, transferred to BHI medium (Merck, Darmstadt, Germany), and centrifuged for 10 min at 500g. The supernatant was resuspended in BHI medium and immediately gavaged. Each mouse was gavaged with 200 ul of stool. For human FMT, stool samples from people with IBD and PSC-IBD, coming to the clinic for routine care appointments were collected and frozen in 20% glycerol and processed for transfer into germ-free mice as described above.

## **Taxonomic microbiota analysis**

92 Fresh stool samples of humans and mice were collected and *immediately stored at* 93 −20°C until analysis. DNA was extracted according to established protocols using a method combining mechanical disruption (bead-beating) and phenol/chloroform-based 95 purification previously described (Turnbaugh et al., 2009). Briefly, a sample was suspended in a solution containing 500 μL of extraction buffer (200 mM Tris, 20 mM EDTA, and 200 mM NaCl [pH 8.0]), 200 μL of 20% SDS, 500 μL of phenol:chloroform:isoamyl alcohol (24:24:1). Samples were homogenized twice with a bead beater for 2 min. After precipitation of DNA, crude DNA extracts were resuspended in Tris, EDTA (TE) buffer. Amplification of the V3-V4 region of the 16S rRNA gene was performed according to previously described protocols. Samples were

sequenced on an Illumina NovaSeq platform (PE250).

103 Microbiota profiling of adherent microbiota of human intestinal biopsies was carried out 104 as described (Wittek et al., 2023). Briefly, DNA was extracted using the DNeasy Blood & Tissue Kit, followed by amplification of variable regions V1 and V2 of the 16S rRNA gene. PCR products were verified and quantified before pooling and sequencing on the Illumina MiSeq v3 2x300bp. Demultiplexing after sequencing was based on 0 mismatches in the barcode sequences. We processed both data sets with the same 109 pipeline (dada2, pyhloseq, DESeq2) and reference data base (Silva). Where 110 sequencing occurred in two batches, we included the batch variable in the design **formula during DESeg2 analysis**. Importantly, in both cases we sequenced all groups to be compared with the same method.

#### **Transaminases**

To monitor liver damage, aspartate aminotransferase (ASAT) and alanine aminotransferase (ALAT) were analyzed in blood serum at the Institute for Experimental Immunology and Hepatology (UKE, Hamburg), using an automated procedure (COBAS MIRA; Roche, Basel, Switzerland).

#### **Cell isolation**

Mice were sacrificed by CO2 and O2 and immediately perfused with 5mL PBS via the left heart ventricle. Colons were harvested, rinsed in PBS, cut into small pieces, and incubated in a buffer containing 1.5% DTT (AppliChem, Darmstadt, Germany) for 20 min at 37°C. The resulting cell suspension, including intraepithelial cells (IEL), was collected. In a second step, lamina propria cells were isolated from the remaining tissue using collagenase solution containing 100U/ml collagenase (Sigma-Aldrich, Taufkirchen, Germany) and 1000U/ml Dnase I (AppliChem, Darmstadt, Germany). Following a 45 min incubation step at 37°C, the content was smashed through a 100 μm cell strainer and pooled with IELs. Tissue homogenates were washed with PBS + 1% FBS at 380g and 4°C for 10 min. Leukocytes were isolated using a Percoll gradient (GE Healthcare, Uppsala, Sweden). After isolation, cells were processed as indicated.

## **Flow Cytometry**

For surface staining, the cells were incubated with the following fluorochrome-conjugated monoclonal antibodies: anti-CD45 (clone: 30F11), anti-CD3 (clone: 17A2),

anti-CD4 (clone: RM4-5), and anti-CD45RB (clone:C3 63-16A) in the presence of a

- blocking anti-FcgR mAb (clone: 2.4G2) for 20 min at 4°C. Unless otherwise specified,
- mAbs were purchased from Biolegend (London, England).

For intracellular Foxp3 expression, cell surface markers were stained as described above, followed by fixation of bound antibodies with 4% formalin for 30 min and permeabilization with 0.1% NP-40 for 4 min both at RT. For detection, cells were incubated with the PE-conjugated Foxp3 mAb (clone: JES5-16E3, eBioscience) overnight at 4°C. Cells were analyzed using a Fortessa flow cytometer (BD Biosciences) and FlowJo software (Tree Star, Ashland, OR, USA).

#### **RNA extraction and Real-Time PCR analysis**

Total RNA was extracted from intestinal biopsies using Trizol Reagent (Invitrogen, 149 Waltham MA) and bead beating as previously described (Pelczar et al., 2016). For cDNA synthesis, we used the High-Capacity cDNA Reverse Transcription Kit (Thermofisher) on 2mg of RNA per reaction, following the manufacturer's instructions. For Real-time PCR (RT-PCR) analysis, TaqMan Fast Advanced Master Mix (Thermofisher) was used. The following TaqMan Probes were used: FOXP3 (Hs01058534\_m1) and HPRT1 (Hs02800695\_m1). Relative expression was 155 normalized to HPRT and calculated using the  $2^{-DDCt}$  method. For significance testing, 156 we applied a linear mixed-effects model using the lme function in the nime R package 157 (version 3.1) with the patient ID included as a random effect. This was followed by post-hoc testing with Dunnett's multiple comparisons, using the glht function of the 159 multcomp R package.

#### **Immunohistochemistry**

Immunohistochemistry was performed on 5μm formalin fixed and paraffin embedded

- 163 sections of human colonic biopsies. Slides were deparaffinized and exposed to heat-
- 164 induced antigen retrieval for 5 minutes in an autoclave at 121<sup>o</sup>C in pH 7.8 wash buffer
- (Dako, Glostrup, Denmark) and primary antibody specific for FOXP3 (dilution 1:72)
- 166 was applied. Bound antibody was then visualized using the EnVision Kit (Dako). All
- 167 sections were counterstained with hematoxylin. FOXP3<sup>+</sup> cells were counted in a

168 blinded fashion from at least 5 areas of a given histological section and divided by the 169 total tissue surface obtained from the 5 areas.

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#### **Microbiota data analysis**

16S sequencing reads from mouse stool samples were processed, aligned, and quantified to the level of amplicon sequence variants (ASVs) using the dada2 (version 175 1.12.1) pipeline for paired reads (Callahan et al., 2016). Forward and reverse reads were trimmed to 220bp. Trimmed reads with more than 2 expected errors were discarded. After merging forward and reverse reads, chimera removal was performed. We kept all ASVs that were observed in at least 1% of all samples. Taxonomic assignment up to the genus level was performed using the SILVA database from September 2019 (v138) (Quast et al., 2012).

- Further analysis of ASV count tables was carried out using phyloseq (version 1.28.0) (McMurdie et al., 2013). For beta diversity plots, non-metric multidimensional scaling (NMDS) was applied using Bray-Curtis dissimilarity. To find differentially abundant 184 ASVs between groups, DESeq2 (version 1.36) (Love et al., 2014) was used using Wald statistics and parametric fitting of dispersions, followed by log2 fold change shrinkage, and adjustment for multiple testing. ASVs were then filtered to an adjusted p-value < 0.05, an absolute log2 fold change > 1, and being detected in at least 3 samples. 188 Microbiota profiling of adherent microbiota of human intestinal biopsies was carried out
- 189 as described in detail in Wittek et al., 2023 following a similar pipeline as for the mouse stool samples. Importantly, reads from individual ASVs were pooled on the genus level to account for the reduced abundance of reads obtained from biopsies compared to stool.
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## **Statistical analysis**

195 For detailed statistical analysis of microbiota data, see microbiota data analysis above.

- Statistical analysis of all other data was performed with the GraphPad Prism® Software
- (GraphPad Software, San Diego, CA, USA). Non-parametric two-sided Mann–Whitney
- test was used. The significance level alpha was set to 0.05.
- 



**Figure S1: Liver inflammation in** *Il10-/-* **mice with concomitant** *Mdr2-/-* **induced cholangitis.** Mice were bred under SPF conditions of the local mouse facility (MB1), as outlined in Figure 1. At 12 weeks of age, mice were sacrificed and liver pathology was assessed by (A) serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (n=14 *Il10-/-*, n=10 *Il10-/-Mdr2-/-*), as described in the material and methods. (B) Fibrosis score was analyzed by Sirius Red staining. (C) Mice bred in the presence of colitogenic MB2, were sacrificed and liver pathology was analyzed based on serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (n=6 *Il10-/-*, n=9 *Il10-/- Mdr2-/-*). (D) Fibrosis score was analyzed by Sirius Red staining. In all experiments, Mann-Whitney U test was performed for statistical analysis.



**Figure S2: Microbiota profiling of MB1 and in colitogenic MB2.** Wild-type mice bred under microbiota conditions 1 (MB1) and 2 (MB2) were sacrificed and stool samples from 4 mice were collected per group. Microbiota profiling was performed as described in the materials and methods. A) PCoA of Bray-Curtis dissimilarities shows beta diversity across mice bred under MB1 and MB2 conditions. (B) Genera with significantly different abundance between groups.

Figure S<sub>2</sub>



**Figure S3: Liver inflammation in** *Il10-/-* **mice after DDC-induced liver cholestasis.** Liver cholestasis was induced by 2% DDC feeding in *Il10-/-* mice gavaged with MB2, as described in Figure 2. After 9 days of feeding the mice with the DDC diet, mice were sacrificed and liver inflammation was analyzed by (A) serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (8= mice per group). (B) Fibrosis score was analyzed by Sirius Red staining. For statistical analysis, Mann-Whitney U test was performed.



**Figure S4: Liver inflammation in** *Rag1-/-Mdr2-/-* **mice after induction of Foxp3-CD45RBhigh transfer colitis.** Colitis was induced in *Rag1-/-* and *Rag1-/-Mdr2-/-* mice upon transferring Foxp3- CD45RBhigh cells, as described in Figure 3. On day 14, mice were sacrificed and liver inflammation was analyzed by (A) serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (n=9 *Rag1-/-* n=11 *Rag1-/-Mdr2-/-*). (B) Fibrosis score was analyzed by Sirius Red staining. For statistical analysis, Mann-Whitney U test was performed.



**Figure S5: Concomitant liver inflammation alters the intestinal microbiota in** *Il10-/-* **and** *Rag1-/*  **mice suffering from colitis.** *Il10-/-*, *Il10-/-Mdr2-/-* mice (MB1) and *Rag1-/-*, *Rag1-/-Mdr2-/-* mice (MB2) were sacrificed as described in Figures 1 and 3, respectively, and stool samples from 6 mice were collected per group. Microbiota profiling was performed as described in the materials and methods. (A) PCoA of Bray-Curtis dissimilarities shows beta diversity across *Il10-/-* and *Il10-/-Mdr2-/-* mice. (B) Genera with significantly different abundances between groups. (C) PCoA of Bray-Curtis dissimilarities shows beta diversity across *Rag1-/-* and *Rag1-/-Mdr2-/-* mice. (D) Genera with significantly different abundances between both groups.



**Figure S6: Increased FOXP3 protein expression in intestinal biopsies of people with PSC-IBD.** (A) *FOXP3* mRNA expression levels were analyzed from intestinal biopsies taken from the terminal ileum, ascending colon, descending colon or sigma/rectum from every person with clinically active disease. (B) Representative images and (C) quantification of FOXP3+ cells in intestinal biopsies taken from the terminal ileum and sigma/rectum from every person with clinically active disease. To test for significance MLEM, post hoc Dunnett test was used.



**Figure S7: Colitis severity in germ-free mice is not affected by UDCA treatment of the stool donor.** (A+B) People with PBC with comparable cholestasis to people with PSC-IBD were chosen. Stool transfer from healthy control (HC) and people with primary biliary cholangitis (PBC) that received UDCA treatment into germ-free mice before the chemical induction of colitis for 7 days. On day 9, colonic inflammation was analyzed by (C+D) colonoscopy as represented by endoscopic score and representative pictures and (E) weight loss. Each dot represents one mouse. For statistical analysis Mann-Whitney U test was performed.

A19-

0.00

0.25

 $0.00$ 

 $0.25$ 

A591 A592 A603 A23-

0.00

0.25

 $0.00$ 

0.25

**A680** A681 A682 APSCUC13

 $0.00$ 

0.25

A834 A835. A836 APSCUC993

 $0.00$ 

0.25

 $0.00$ 

0.25

A825 A826-A827

0.00

0.25



**Figure S8: Microbiota profiling of stool from human donors and respective recipient mice.** (A) PCoA of Bray-Curtis dissimilarities shows beta diversity across stool samples from human donors and recipient mice. (B) PERMANOVA analysis showing the contribution of disease, group (donor vs. recipient) and donor to the variation observed in the data shown in A. (C) A bar plot displaying the most abundant families, comparing a cross-section with the stool donors used in this study. (D) Abundance of the 10 highest abundant families across donor samples and their respective recipient mouse samples.

# **Table S1. Characteristics of microbiota donors.**



\*IBD disease activity was categorized based on Mayo score for UC (remission: 0-2, mild: 3-5, moderate: 6-10, severe 11-12 points).

# **Table S2. Characteristics of patients analyzed by immunohistochemistry**



# **Disease activity, n (%)**



# **Medications, n (%)**



## **Extended methods**

## **Mice**

*Rag1-/-* mice*, Foxp3RFPIfngKatushkaIl17aGFP* reporter mice, *Il10-/-*mice, *Mdr2-/-*mice, *Il10-/- Mdr2-/-*mice, and *Rag1-/-Mdr2-/-* mice were bred and housed under specific pathogenfree conditions (SPF) at the animal facility of the University Hospital Hamburg-Eppendorf. *Il10-/-Mdr2-/+* were crossed with each other in order to obtain *Il10-/-* and *Il10- /-Mdr2-/-* littermates. These mice were then separated with respect to their genotype after weaning. This way the mice could develop a specific microbiota dependent on the genotype. *Il10-/-Mdr2-/+* mice were bred with two different microbiomes, one that does not induce spontaneous colitis (MB1) and a colitogenic microbiome (MB2), containing *Helicobacter hepaticus*(24). Littermates were separated with respect to their genotype. C57BL/6 wild-type mice were bred and housed under germ-free conditions at the UKE, Hamburg. All animals were housed under a 12h dark/light cycle with an ambient temperature of 22°C  $\pm$  1°C and 50%  $\pm$  5% relative humidity. Food and water were provided *ad libitum*. Male and female  $13 \pm 1$  week old littermates were used for all experiments. Animal experiments were approved by the local ethics committee (N17/2012, N39/2021, N54/2022, N95/2023).

#### **Human studies**

Intestinal biopsies were taken from people undergoing colonoscopy at University Hospital Hamburg-Eppendorf. We collected 2 paired biopsies at 4 sampling sites in the colon and terminal ileum. One was used for RNA extraction while the other was used for microbiota profiling. The biopsies were snap-frozen in liquid nitrogen directly after colonoscopy and stored at −80°C until processing. For detailed patient information (age, BMI, years of diagnosis, smoking, gender, IBD activity and medication) see Wittek et al, 2023. Patients were included, if older than 18 years and without antibiotics treatment for 6 months prior to endoscopy. Patients with infectious colitis, celiac disease, or confirmed pregnancy were excluded. Disease severity was based on Mayo score for UC (remission: 0-2, mild: 3-5, moderate: 6-10, severe 11-12 points) and Harvey-Bradshaw index for CD (remission: 0-4, mild: 5-7, moderate: 8-16, severe >16 points). For comparison of IBD patients we assigned scores for disease severity (remission: 0, mild: 1, moderate: 2, severe 3 points)(25). Human studies were approved by the local ethical committee (Ethik Kommission der Ärztekammer Hamburg

PV4444, PV7106). Patients or the public were not involved in the design, or conduct, or reporting, or dissemination plans of our research.

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#### **Transfer colitis**

Lymphocytes were isolated from the spleen and lymph nodes of *Foxp3RFPIl17aKatushkaIl10GFP* reporter mice, and CD4<sup>+</sup> T cells were pre-enriched using MACS according to the manufacturer's instructions (Miltenyi Biotech, Bergisch-Gladbach, Germany). Naïve CD4<sup>+</sup> CD45RB<sup>high</sup> *Foxp3<sup>RFP-*</sup> T cells were fluorescence</sup> activated cell sorted after incubation with anti-mouse CD4-PacBlue and CD45RB-AF647 fluorochrome-labeled antibodies (both Biolegend, London, England) using theAria III device (BD Biosciences, Heidelberg, Germany). To induce colitis, 2x10<sup>4</sup> Naïve CD4<sup>+</sup> CD45RBhigh *Foxp3RFP-* T cells were injected intraperitoneally into *Rag1-/* and *Rag1-/-Mdr2-/-* mice. Mice were monitored for development of intestinal inflammation by weight loss and endoscopy.

#### **Anti-IL-10 receptor antibody-induced colitis**

Mice were each injected with 250 µg of anti-IL10 receptor-alpha (anti-IL10Ra; clone: 1B1, source: HHMI, R.A. Flavell) twice a week intraperitoneally. Colitis development was monitored by weight loss and endoscopy. Thirteen days after the first injection, mice were sacrificed and analyzed for pathological conditions of the intestine.

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# **Taxonomic microbiota analysis**

Fresh stool samples of humans and mice were collected and immediately stored at −20°C until analysis. DNA was extracted according to established protocols using a method combining mechanical disruption (bead-beating) and phenol/chloroform-based purification previously described (Turnbaugh *et al., 2009*). Briefly, a sample was suspended in a solution containing 500 μL of extraction buffer (200 mM Tris, 20 mM EDTA, and 200 mM NaCl [pH 8.0]), 200 μL of 20% SDS, 500 μL of phenol:chloroform:isoamyl alcohol (24:24:1). Samples were homogenized twice with a bead beater for 2 min. After precipitation of DNA, crude DNA extracts were resuspended in Tris, EDTA (TE) buffer. Amplification of the V3-V4 region of the 16S

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## **Flow Cytometry**

For surface staining, the cells were incubated with the following fluorochromeconjugated monoclonal antibodies: anti-CD45 (clone: 30F11), anti-CD3 (clone: 17A2), anti-CD4 (clone: RM4-5), and anti-CD45RB (clone:C3 63-16A) in the presence of a blocking anti-FcgR mAb (clone: 2.4G2) for 20 min at 4°C. Unless otherwise specified, mAbs were purchased from Biolegend (London, England).

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#### **RNA extraction and Real-Time PCR analysis**

Total RNA was extracted from intestinal biopsies using Trizol Reagent (Invitrogen, Waltham MA) and bead beating as previously described (Pelczar *et al.,* 2016). For cDNA synthesis, we used the High-Capacity cDNA Reverse Transcription Kit (Thermofisher) on 2mg of RNA per reaction, following the manufacturer's instructions. For Real-time PCR (RT-PCR) analysis, TaqMan Fast Advanced Master Mix (Thermofisher) was used. The following TaqMan Probes were used: *FOXP3* (Hs01058534\_m1) and *HPRT1* (Hs02800695\_m1). Relative expression was normalized to HPRT and calculated using the  $2^{-DDCt}$  method. For significance testing, we applied a linear mixed-effects model using the lme function in the nlme R package (version 3.1) with the patient ID included as a random effect. This was followed by post-hoc testing with Dunnett's multiple comparisons, using the glht function of the multcomp R package.

#### **Immunohistochemistry**

Immunohistochemistry was performed on 5μm formalin fixed and paraffin embedded sections of human colonic biopsies. Slides were deparaffinized and exposed to heatinduced antigen retrieval for 5 minutes in an autoclave at 121°C in pH 7.8 wash buffer (Dako, Glostrup, Denmark) and primary antibody specific for FOXP3 (dilution 1:72) was applied. Bound antibody was then visualized using the EnVision Kit (Dako). All sections were counterstained with hematoxylin. FOXP3<sup>+</sup> cells were counted in a blinded fashion from at least 5 areas of a given histological section and divided by the total tissue surface obtained from the 5 areas*.*

#### **Microbiota data analysis**

16S sequencing reads from mouse stool samples were processed, aligned, and quantified to the level of amplicon sequence variants (ASVs) using the dada2 (version 1.12.1) pipeline for paired reads (Callahan *et al.,* 2016). Forward and reverse reads were trimmed to 220bp. Trimmed reads with more than 2 expected errors were discarded. After merging forward and reverse reads, chimera removal was performed. We kept all ASVs that were observed in at least 1% of all samples. Taxonomic assignment up to the genus level was performed using the SILVA database from September 2019 (v138) (Quast *et al.,* 2012).

Further analysis of ASV count tables was carried out using phyloseq (version 1.28.0) (McMurdie *et al.,* 2013). For beta diversity plots, non-metric multidimensional scaling (NMDS) was applied using Bray-Curtis dissimilarity. To find differentially abundant ASVs between groups, DESeq2 (version 1.36) (Love *et al.,* 2014) was used using Wald statistics and parametric fitting of dispersions, followed by log2 fold change shrinkage, and adjustment for multiple testing. ASVs were then filtered to an adjusted p-value < 0.05, an absolute log2 fold change > 1, and being detected in at least 3 samples. Microbiota profiling of adherent microbiota of human intestinal biopsies was carried out

as described in detail in Wittek *et al.,* 2023 following a similar pipeline as for the mouse stool samples. Importantly, reads from individual ASVs were pooled on the genus level to account for the reduced abundance of reads obtained from biopsies compared to stool.

#### **Statistical analysis**

For detailed statistical analysis of microbiota data, see microbiota data analysis above. Statistical analysis of all other data was performed with the GraphPad Prism® Software (GraphPad Software, San Diego, CA, USA). Non-parametric two-sided Mann–Whitney test was used. The significance level alpha was set to 0.05.

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**Figure S1: Liver inflammation in** *Il10-/-* **mice with concomitant** *Mdr2-/-* **induced cholangitis.** Mice were bred under SPF conditions of the local mouse facility (MB1), as outlined in Figure 1. At 12 weeks of age, mice were sacrificed and liver pathology was assessed by (A) serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (n=14 *Il10-/-*, n=10 *Il10-/-Mdr2-/-*), as described in the material and methods. (B) Fibrosis score was analyzed by Sirius Red staining. (C) Mice bred in the presence of colitogenic MB2, were sacrificed and liver pathology was analyzed based on serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (n=6 *Il10-/-*, n=9 *Il10-/- Mdr2-/-*). (D) Fibrosis score was analyzed by Sirius Red staining. In all experiments, Mann-Whitney U test was performed for statistical analysis.



**Figure S2: Microbiota profiling of MB1 and in colitogenic MB2.** Wild-type mice bred under microbiota conditions 1 (MB1) and 2 (MB2) were sacrificed and stool samples from 4 mice were collected per group. Microbiota profiling was performed as described in the materials and methods. A) PCoA of Bray-Curtis dissimilarities shows beta diversity across mice bred under MB1 and MB2 conditions. (B) Genera with significantly different abundance between groups.

Figure S<sub>2</sub>



**Figure S3: Liver inflammation in** *Il10-/-* **mice after DDC-induced liver cholestasis.** Liver cholestasis was induced by 2% DDC feeding in *Il10-/-* mice gavaged with MB2, as described in Figure 2. After 9 days of feeding the mice with the DDC diet, mice were sacrificed and liver inflammation was analyzed by (A) serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (8= mice per group). (B) Fibrosis score was analyzed by Sirius Red staining. For statistical analysis, Mann-Whitney U test was performed.



**Figure S4: Liver inflammation in** *Rag1-/-Mdr2-/-* **mice after induction of Foxp3-CD45RBhigh transfer colitis.** Colitis was induced in *Rag1-/-* and *Rag1-/-Mdr2-/-* mice upon transferring Foxp3- CD45RBhigh cells, as described in Figure 3. On day 14, mice were sacrificed and liver inflammation was analyzed by (A) serum Aspartate Aminotransferase (ASAT) and Alanine Aminotransferase (ALAT) (n=9 *Rag1-/-* n=11 *Rag1-/-Mdr2-/-*). (B) Fibrosis score was analyzed by Sirius Red staining. For statistical analysis, Mann-Whitney U test was performed.



**Figure S5: Concomitant liver inflammation alters the intestinal microbiota in** *Il10-/-* **and** *Rag1-/*  **mice suffering from colitis.** *Il10-/-*, *Il10-/-Mdr2-/-* mice (MB1) and *Rag1-/-*, *Rag1-/-Mdr2-/-* mice (MB2) were sacrificed as described in Figures 1 and 3, respectively, and stool samples from 6 mice were collected per group. Microbiota profiling was performed as described in the materials and methods. (A) PCoA of Bray-Curtis dissimilarities shows beta diversity across *Il10-/-* and *Il10-/-Mdr2-/-* mice. (B) Genera with significantly different abundances between groups. (C) PCoA of Bray-Curtis dissimilarities shows beta diversity across *Rag1-/-* and *Rag1-/-Mdr2-/-* mice. (D) Genera with significantly different abundances between both groups.



**Figure S6: Increased FOXP3 protein expression in intestinal biopsies of people with PSC-IBD.** (A) *FOXP3* mRNA expression levels were analyzed from intestinal biopsies taken from the terminal ileum, ascending colon, descending colon or sigma/rectum from every person with clinically active disease. (B) Representative images and (C) quantification of FOXP3+ cells in intestinal biopsies taken from the terminal ileum and sigma/rectum from every person with clinically active disease. To test for significance MLEM, post hoc Dunnett test was used.



**Figure S7: Colitis severity in germ-free mice is not affected by UDCA treatment of the stool donor.** (A+B) People with PBC with comparable cholestasis to people with PSC-IBD were chosen. Stool transfer from healthy control (HC) and people with primary biliary cholangitis (PBC) that received UDCA treatment into germ-free mice before the chemical induction of colitis for 7 days. On day 9, colonic inflammation was analyzed by (C+D) colonoscopy as represented by endoscopic score and representative pictures and (E) weight loss. Each dot represents one mouse. For statistical analysis Mann-Whitney U test was performed.

A19-

0.00

0.25

 $0.00$ 

 $0.25$ 

A591 A592 A603 A23-

0.00

0.25

 $0.00$ 

0.25

**A680** A681 A682 APSCUC13

 $0.00$ 

0.25

A834 A835. A836 APSCUC993

 $0.00$ 

0.25

 $0.00$ 

0.25

A825 A826-A827

0.00

0.25



**Figure S8: Microbiota profiling of stool from human donors and respective recipient mice.** (A) PCoA of Bray-Curtis dissimilarities shows beta diversity across stool samples from human donors and recipient mice. (B) PERMANOVA analysis showing the contribution of disease, group (donor vs. recipient) and donor to the variation observed in the data shown in A. (C) A bar plot displaying the most abundant families, comparing a cross-section with the stool donors used in this study. (D) Abundance of the 10 highest abundant families across donor samples and their respective recipient mouse samples.

# **Table S1. Characteristics of microbiota donors.**



\*IBD disease activity was categorized based on Mayo score for UC (remission: 0-2, mild: 3-5, moderate: 6-10, severe 11-12 points).

# **Table S2. Characteristics of patients analyzed by immunohistochemistry**



# **Disease activity, n (%)**



# **Medications, n (%)**

